

## EASTBOUND MONDAY - FRIDAY

Monsey - Park & Ride	Spring Valley - Train Station	Nanuet Exit 14 Park & Ride	Palisades Center - Lot J	Westchester County Center	White Plains - Train Station (Main/Bank)	New York Power Authority (NYPA)	White Plains - Train Station (Ferris)	White Plains - Main Street (Galleria)	White Plains - Hamilton/ EJ Conroy
4:24	4:31	4:41	4:48	5:02	5:04 <b>T</b>	5:05	5:06	5:09	5:11
5:09	5:19	5:29	5:39	5:53	5:55 <b>T</b>	5:56	5:58	6:01	6:04
5:31	5:39	5:47	5:57	6:14	6:16 <b>T</b>	6:17	6:19	6:22	6:25
5:39	5:49	5:59	6:11	6:29	6:31 <b>T</b>	6:32	6:34	6:37	6:40
6:04	6:14	6:24	6:37	6:55	6:57 <b>T</b>	6:58	7:00	7:03	7:06
6:24	6:34	6:44	6:57	7:16	7:18 <b>T</b>	7:19	7:21	7:24	7:28
6:49	6:59	7:09	7:24	7:42	7:44 <b>T</b>	7:45	7:47	7:50	7:53
7:01	7:11	7:20	7:43	8:03	8:05 <b>T</b>	8:06	8:09	8:12	8:15
7:26	7:36	7:46	8:06	8:30	8:32 <b>T</b>	8:33	8:36	8:39	8:42
7:43	7:53	8:02	8:23	8:41	8:43 <b>T</b>	8:44	8:47	8:50	8:53
8:18	8:28	8:38	8:50	9:07	9:09	9:10	9:13	9:16	9:19
8:49	8:59	9:08	9:16	9:33	9:35 <b>T</b>	9:36	9:39	9:42	9:45
9:13	9:23	9:32	9:42	9:57	9:59 <b>T</b>	10:00	10:03	10:06	10:09
10:00	10:10	10:19	10:29	10:43	10:45	10:46	10:50	10:53	10:56
10:19	10:29	10:38	10:48	11:02	11:04	11:05	11:09	11:12	11:15
10:41	10:51	11:00	11:10	11:24	11:26	11:27	11:31	11:34	11:37
11:20	11:30	11:39	11:49	12:03	12:05 <b>T</b>	12:06	12:10	12:13	12:16
11:48	11:58	12:07	12:17	12:31	12:33	12:34	12:38	12:41	12:44
12:15	12:25	12:34	12:44	12:58	1:00 <b>T</b>	1:01	1:05	1:08	1:11
12:41	12:51	1:00	1:06	1:21	1:23	1:24	1:27	1:30	1:33 <b>F</b>
1:12	1:23	1:33	1:43	1:58	2:00	2:01	2:04	2:07	2:10
1:42	1:52	2:01	2:11	2:28	2:30	2:31	2:33	2:36	2:38
2:11	2:21	2:31	2:41	2:58	3:00	3:01	3:05	3:08	3:11
2:38	2:48	2:58	3:08	3:25	3:27	3:28	3:31	3:34	3:37
3:10	3:20	3:30	3:40	3:57	3:59	4:00	4:04	4:07	4:10
3:16	3:26	3:36	3:46	4:03	4:05	4:06	4:10	4:13	4:16 <b>F</b>
3:29	3:39	3:49	3:59	4:16	4:18	4:19	4:23	4:26	4:29
4:00	4:10	4:20	4:30	4:47	4:49 <b>T</b>	4:50	4:54	4:57	5:00
4:24	4:34	4:44	4:54	5:11	5:13 <b>T</b>	5:14	5:18	5:21	5:25
4:58	5:08	5:18	5:28	5:45	5:47 <b>T</b>	5:48	5:52	5:55	5:59
5:32	5:42	5:52	6:02	6:19	6:21 <b>T</b>	6:22	6:26	6:29	6:32
6:06	6:16	6:26	6:36	6:53	6:55	6:56	7:00	7:03	7:06
6:24	6:34	6:44	6:54	7:11	7:13 <b>T</b>	7:14	7:17	7:20	7:23
6:51	7:01	7:11	7:21	7:38	7:40	7:41	7:44	7:47	7:50
7:17	7:27	7:36	7:46	8:03	8:05	8:06	8:08	8:11	8:14
7:53	8:03	8:12	8:22	8:37	8:39	8:40	8:42	8:45	8:48
8:23	8:33	8:43	8:53	9:10	9:12	9:13	9:15	9:18	9:21
8:51	9:01	9:10	9:20	9:35	9:37	9:38	9:40	9:43	9:46
9:16	9:26	9:35	9:45	10:00	10:02 <b>T</b>	10:03	10:05	10:08	10:11
10:16	10:26	10:35	10:45	11:00	11:02	11:03	11:05	11:08	11:11
10:39	10:49	10:58	11:08	11:23	11:25	11:26	11:28	11:31	11:34
11:16	11:26	11:35	11:45	12:00	12:02 <b>T</b>	12:03	12:05	12:08	12:10
12:10	12:20	12:29	12:39	12:54	12:56	12:57	12:59	1:02	1:04

**M** Metro-North Railroad transfer indicated by **T** Metro-North Monday through Thursday indicated by **M** Friday only indicated by **F**

## WESTBOUND MONDAY - FRIDAY

White Plains - Hamilton/ EJ Conroy	White Plains - Broadway	New York Power Authority (NYPA)	White Plains - Train Station (Ferris)	Westchester County Center	Palisades Center - Lot J	Nanuet Exit 14 Park & Ride	Spring Valley - Train Station	Monsey - Park & Ride
5:21	5:23	5:24	5:25	5:28	5:44	5:52	6:01	6:09
6:11	6:14	6:14	6:17	6:20	6:36	6:45	6:55	7:04
6:37	6:40	6:41	6:43 <b>T</b>	6:46	7:02	7:11	7:22	7:32
6:58	7:01	7:02	7:04	7:07	7:23	7:32	7:43	7:53
7:23	7:26	7:27	7:29 <b>T</b>	7:32	7:48	7:57	8:07	8:16
7:42	7:45	7:46	7:48 <b>T</b>	7:51	8:07	8:16	8:27	8:37
7:55	7:58	7:59	8:01	8:04	8:20	8:29	8:40	8:51
8:33	8:36	8:37	8:39 <b>T</b>	8:42	8:58	9:07	9:18	9:28
8:58	9:01	9:02	9:04	9:07	9:23	9:32	9:43	9:53
9:20	9:23	9:24	9:26 <b>T</b>	9:29	9:45	9:54	10:05	10:15
9:30	9:33	9:34	9:36	9:39	9:55	10:04	10:16	10:26
9:58	10:01	10:02	10:04 <b>T</b>	10:07	10:23	10:32	10:44	10:55
10:19	10:22	10:23	10:25 <b>T</b>	10:28	10:44	10:54	11:06	11:17
11:00	11:03	11:04	11:06	11:09	11:25	11:35	11:47	11:58
11:18	11:21	11:22	11:24	11:27	11:43	11:53	12:05	12:16
11:45	11:48	11:49	11:51 <b>T</b>	11:54	12:10	12:20	12:32	12:43
12:18	12:21	12:22	12:24	12:27	12:43	12:53	1:05	1:16
12:54	12:57	12:58	1:00	1:03	1:19	1:29	1:41	1:52
1:18	1:21	1:22	1:24	1:27	1:43	1:53	2:05	2:16
1:50	1:53	1:54	1:56	1:59	2:15	2:25	2:37	2:48 <b>F</b>
2:18	2:21	2:22	2:24	2:27	2:45	2:54	3:06	3:17
2:47	2:49	2:50	2:52	2:57	3:22	3:34	3:47	3:58
3:21	3:24	3:25	3:27 <b>T</b>	3:30	4:01	4:13	4:26	4:37
3:50	3:53	3:55	3:57	4:00	4:34	4:46	4:57	5:08
4:17	4:20	4:22	4:24	4:27	4:59	5:11	5:24	5:35
4:25	4:28	4:30	4:32 <b>T</b>	4:35	5:10	5:22	5:35	5:46 <b>F</b>
4:54	4:57	4:59	5:01 <b>T</b>	5:04	5:42	5:54	6:08	6:19
5:05	5:08	5:10	5:12 <b>T</b>	5:15	5:50	6:02	6:15	6:26
5:32	5:35	5:37	5:39	5:42	6:23	6:35	6:49	7:00
6:21	6:24	6:26	6:28 <b>T</b>	6:31	6:55	7:07	7:21	7:32
6:43	6:46	6:48	6:50	6:53	7:10	7:20	7:34	7:44
7:07	7:10	7:12	7:14 <b>T</b>	7:17	7:34	7:45	7:58	8:08
7:32	7:35	7:37	7:39	7:42	7:59	8:06	8:20	8:29
8:00	8:02	8:04	8:06 <b>T</b>	8:09	8:26	8:36	8:47	8:57
8:30	8:32	8:33	8:35 <b>T</b>	8:38	8:55	9:05	9:16	9:26
8:56	8:58	8:59	9:01 <b>T</b>	9:04	9:21	9:31	9:42	9:52
9:29	9:31	9:32	9:34 <b>T</b>	9:37	9:54	10:04	10:15	10:25
9:54	9:56	9:57	9:58 <b>T</b>	10:00	10:17	10:26	10:37	10:45
10:29	10:31	10:32	10:34 <b>T</b>	10:37	10:54	11:03	11:14	11:21
11:25	11:27	11:28	11:30 <b>T</b>	11:33	11:50	11:59	12:10	12:17
11:41	11:43	11:44	11:46 <b>T</b>	11:49	12:06	12:15	12:26	12:33
12:46	12:48	12:49	12:51 <b>T</b>	12:54	1:11	1:20	1:31	1:38
1:22	1:24	1:25	1:26 <b>T</b>	1:28	1:45	1:49	1:55	1:59

Metro-North Railroad transfer indicated by **T** Metro-North Monday through Thursday indicated by **MT** Friday only indicated by **F**

**EASTBOUND** **SATURDAY - SUNDAY**

Monsey - Park & Ride	Spring Valley - Train Station	Nanuet Exit 14 Park & Ride	Palisades Center - Lot J	Westchester County Center	White Plains - Train Station (Main/Bank)	New York Power Authority (NYPA)	White Plains - Train Station (Ferris)	White Plains - Main Street (Galleria)	White Plains - Hamilton/ EJ Conroy
4:18	4:27	4:32	4:42	5:00	5:02 <b>T</b>	5:03	5:05	5:08	5:10
5:12	5:21	5:26	5:36	5:54	5:56 <b>T</b>	5:57	5:59	6:02	6:04
5:45	5:54	5:59	6:09	6:27	6:29 <b>T</b>	6:30	6:32	6:35	6:37
6:12	6:21	6:26	6:36	6:54	6:56 <b>T</b>	6:57	6:59	7:02	7:04
6:46	6:55	7:00	7:10	7:28	7:30	7:31	7:33	7:36	7:38
7:12	7:21	7:26	7:36	7:54	7:56 <b>T</b>	7:57	7:59	8:02	8:04
7:46	7:55	8:00	8:10	8:28	8:30	8:31	8:33	8:36	8:38
8:12	8:21	8:26	8:36	8:54	8:56 <b>T</b>	8:57	8:59	9:02	9:04
8:46	8:55	9:00	9:10	9:28	9:30 <b>T</b>	9:31	9:33	9:36	9:38
9:12	9:21	9:26	9:36	9:54	9:56 <b>T</b>	9:57	9:59	10:02	10:04
9:46	9:55	10:00	10:10	10:28	10:30 <b>T</b>	10:31	10:33	10:36	10:38
10:13	10:22	10:27	10:37	10:55	10:57 <b>T</b>	10:58	11:00	11:03	11:05
10:46	10:55	11:00	11:10	11:28	11:30 <b>T</b>	11:31	11:33	11:36	11:38
11:12	11:21	11:26	11:36	11:54	11:56 <b>T</b>	11:57	11:59	12:02	12:04
11:46	11:55	12:00	12:10	12:28	12:30 <b>T</b>	12:31	12:33	12:36	12:38
12:12	12:21	12:26	12:36	12:54	12:56 <b>T</b>	12:57	1:01	1:04	1:07
12:36	12:45	12:51	1:03	1:22	1:24	1:25	1:27	1:30	1:33
1:09	1:18	1:24	1:36	1:55	1:57 <b>T</b>	1:58	2:00	2:03	2:06
1:36	1:45	1:51	2:03	2:22	2:24	2:25	2:27	2:30	2:33
2:08	2:17	2:23	2:35	2:54	2:56 <b>T</b>	2:57	2:59	3:02	3:05
2:36	2:45	2:51	3:03	3:22	3:24	3:25	3:27	3:30	3:33
3:09	3:18	3:24	3:36	3:55	3:57 <b>T</b>	3:58	4:00	4:03	4:06
3:36	3:45	3:51	4:03	4:22	4:24	4:25	4:27	4:30	4:33
4:02	4:11	4:17	4:29	4:48	4:50	4:51	4:53	4:56	4:59
4:36	4:45	4:51	5:03	5:22	5:24	5:25	5:27	5:30	5:33
5:02	5:11	5:17	5:29	5:48	5:50	5:51	5:53	5:56	5:59
5:36	5:45	5:51	6:03	6:22	6:24	6:25	6:27	6:30	6:33
6:04	6:13	6:19	6:31	6:50	6:52	6:53	6:55	6:58	7:01
6:38	6:47	6:53	7:05	7:24	7:26	7:27	7:31	7:34	7:37
7:06	7:15	7:21	7:33	7:52	7:54 <b>T</b>	7:55	7:57	8:00	8:03
7:40	7:49	7:55	8:07	8:26	8:28	8:29	8:31	8:34	8:37
8:12	8:21	8:26	8:36	8:54	8:56 <b>T</b>	8:57	8:59	9:02	9:04
8:46	8:55	9:00	9:10	9:28	9:30	9:31	9:33	9:36	9:38
9:12	9:21	9:26	9:36	9:54	9:56 <b>T</b>	9:57	9:59	10:02	10:04
9:46	9:55	10:00	10:10	10:28	10:30	10:31	10:33	10:36	10:38
10:12	10:21	10:26	10:36	10:54	10:56 <b>T</b>	10:57	10:59	11:02	11:04
10:53	11:02	11:07	11:17	11:35	11:37	11:38	11:40	11:43	11:45
11:18	11:27	11:32	11:42	12:00	12:02 <b>T</b>	12:03	12:05	12:08	12:10

WESTBOUND				SATURDAY - SUNDAY				
White Plains - Broadway	White Plains - Court St (Martine)	New York Power Authority (NYPA)	White Plains - Train Station (Ferris)	Westchester County Center	Palisades Center - Lot J	Nanuet Exit 14 Park & Ride	Spring Valley - Train Station	Monsey - Park & Ride
5:18	5:21	5:22	5:24	5:27	5:43	5:53	5:58	6:07
6:29	6:32	6:33	6:35 <b>T</b>	6:38	6:54	7:04	7:09	7:18
6:45	6:48	6:49	6:51	6:54	7:10	7:20	7:25	7:34
7:12	7:15	7:16	7:18 <b>T</b>	7:21	7:37	7:47	7:52	8:01
7:52	7:55	7:56	7:58 <b>T</b>	8:01	8:17	8:27	8:32	8:41
8:12	8:15	8:16	8:18	8:21	8:37	8:47	8:52	9:01
8:52	8:55	8:56	8:58 <b>T</b>	9:01	9:17	9:27	9:32	9:41
9:12	9:15	9:16	9:18	9:21	9:37	9:47	9:52	10:01
9:52	9:55	9:56	9:58 <b>T</b>	10:01	10:17	10:27	10:32	10:41
10:12	10:15	10:16	10:18	10:21	10:37	10:47	10:52	11:01
10:52	10:55	10:56	10:58 <b>T</b>	11:01	11:17	11:27	11:32	11:41
11:13	11:16	11:17	11:19	11:22	11:38	11:48	11:53	12:02
11:52	11:55	11:56	11:58 <b>T</b>	12:01	12:18	12:28	12:33	12:42
12:12	12:15	12:16	12:18	12:21	12:37	12:47	12:53	1:03
12:51	12:54	12:55	12:58 <b>T</b>	1:01	1:19	1:31	1:37	1:47
1:16	1:19	1:20	1:23	1:26	1:44	1:56	2:02	2:12
1:51	1:54	1:55	1:58 <b>T</b>	2:01	2:19	2:31	2:37	2:47
2:18	2:21	2:22	2:25	2:28	2:46	2:58	3:04	3:14
2:51	2:54	2:55	2:58 <b>T</b>	3:01	3:19	3:31	3:37	3:47
3:17	3:20	3:21	3:24	3:27	3:45	3:57	4:03	4:13
3:51	3:54	3:55	3:58 <b>T</b>	4:01	4:19	4:31	4:37	4:47
4:18	4:21	4:22	4:25	4:28	4:46	4:58	5:04	5:14
4:51	4:54	4:55	4:58 <b>T</b>	5:01	5:19	5:31	5:37	5:47
5:11	5:14	5:15	5:18 <b>T</b>	5:21	5:39	5:51	5:57	6:07
5:51	5:54	5:55	5:58 <b>T</b>	6:01	6:19	6:31	6:37	6:47
6:11	6:14	6:15	6:18 <b>T</b>	6:21	6:39	6:51	6:57	7:07
6:45	6:48	6:49	6:52 <b>T</b>	6:55	7:11	7:23	7:29	7:39
7:12	7:15	7:16	7:18 <b>T</b>	7:21	7:37	7:47	7:52	8:01
7:46	7:49	7:50	7:52 <b>T</b>	7:55	8:11	8:21	8:26	8:35
8:12	8:15	8:16	8:18 <b>T</b>	8:21	8:37	8:47	8:52	9:01
8:52	8:55	8:56	8:58 <b>T</b>	9:01	9:17	9:27	9:32	9:41
9:12	9:15	9:16	9:18	9:21	9:37	9:47	9:52	10:01
9:52	9:55	9:56	9:58 <b>T</b>	10:01	10:17	10:27	10:32	10:41
10:12	10:15	10:16	10:18	10:21	10:37	10:47	10:52	11:01
10:52	10:55	10:56	10:58	11:01	11:17	11:27	11:32	11:41
11:28	11:31	11:32	11:34 <b>T</b>	11:37	11:53	12:03	12:08	12:17
11:53	11:56	11:57	11:59 <b>T</b>	12:02	12:18	12:28	12:33	12:42
12:45	12:48	12:49	12:51 <b>T</b>	12:54	1:10	1:20	1:25	1:34